

Niagara County Family Violence Intervention Project

Safe at Home Conference 2024



Thursday, October 24, 2023
8:30am - 4:30pm

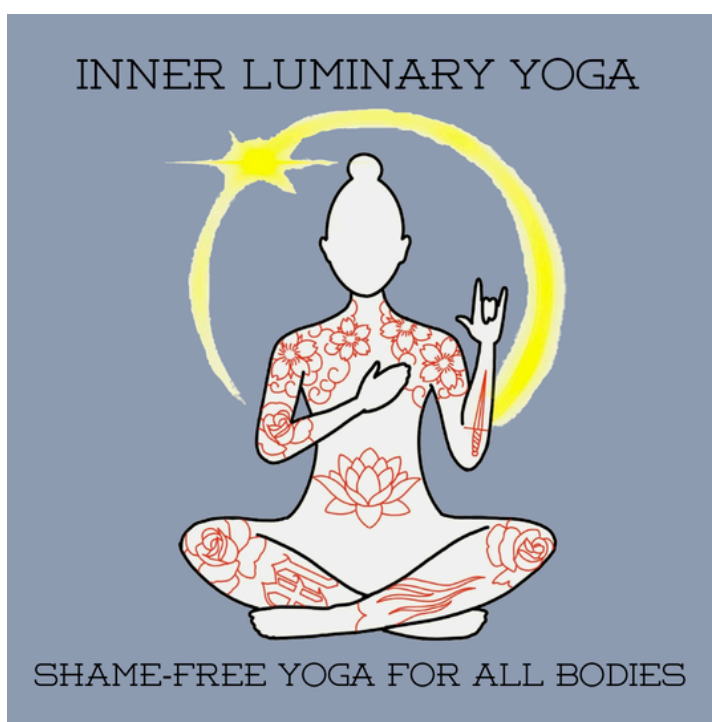
Niagara Riverside Resort
Niagara Falls, NY



Molly Burke

Molly Burke is a certified trauma-informed yoga instructor who is recognized by Yoga Alliance. Molly's business, Inner Luminary Yoga, focuses on creating shame-free yoga classes and promotes the importance of yoga being accessible to ALL bodies. Molly is a Chicago native living in Lockport with her husband Drew and basset hound, Sherman. She is the Lead Rape Crisis Advocate for the YWCA of the Niagara Frontier and provides monthly classes for the women and children in the Domestic Violence program.

In her free time, she also enjoys dancing, gardening and reading. If you would like more information about classes or are interested in having Inner Luminary Yoga work with your agency, please go to innerluminaryyoga.com.



For more information, visit: cacofniagara.org/services/family-violence-intervention-project/